

INFORMATION

Theme Speaker

Joyce Madsen is a *well* known speaker and a strong believer in the necessity of finding balance in our lives. Integrating spirituality and leadership for Joyce has been a lifelong journey. Joyce served as co-chair of the United Church of Canada's Commission on Congregational Mission & Church Development in the '90's. She is currently a staff member of the Congregational Life Centre.

Children & Youth Leaders

(Rev.) Robin King, a United Church minister (Bashaw & Mirror) and experienced musician, is skilled in theatre arts and story telling. **Tiffany McNaughton**, Executive Director of Sahakarini, assists with Camrose United's Youth Ministry.

Workshops

(A) Element Extravaganza - Prepared by Mary Ann Pastuck. Hands-on activities exploring fire & air (perhaps candle-making or wind chimes, etc.)

(B) Element Extravaganza—Prepared by Mary Ann Pastuck. Hands-on activities exploring earth & water (perhaps working with clay, etc.)

(C) Labyrinth Listening - with Wilma Giesbrecht Using feet or fingers travel a labyrinth and explore listening for God's heartbeat with your whole being.

(D) Sharing Our Stories—with Alan Richards Sharing our experiences together, we'll explore what makes them "spiritual." (Adults, and youth whose accompanying adults would like to participate in another workshop, are welcome!)

Favorite Book Display

Please bring you favorite book(s) to share in a display (with your name in it!)

Quiet Room

A quiet room will be provided for those who may like to sit & reflect, write in a journal or read.

AGENDA

Friday, September 17th

- 5:45 Registration
- 6:00 Supper
- 7:00 Welcome & Introductions,
- 7:15 First Rhythm (everyone!)
- 8:30 Dessert & Refreshments
- 9:00 Home

Saturday, September 18th

- 8:00 Breakfast, songs & worship
- 9:00 Second Rhythm
 - Adults & Youth : with Joyce Madsen, Theme Speaker (*Sanctuary*)
 - Children & Youth Activities with Robin King & Tiffany McNaughton (*YAC Room*)
- 10:20 Snacks (together in the CE Hall)
- 10:40 Third Rhythm
 - Adults & Youth: reflections with Joyce Madsen (*Sanctuary*)
 - Children & Youth Activities, cont'd (*YAC Room*)
- 12:00 Lunch
- 1:15 Fourth Rhythm (Workshops A - D)
- 2:30 Snacks
- 3:00 Fifth Rhythm (Workshops A - D)
- 4:30 Gathering the Rhythms: Worship & Communion (*Sanctuary*)
- 5:15 Feedback & Evaluations
- 5:30 Supper and Reflections on the Rhythms in God's heartbeat...and ours

Home — when it's time!

REGISTRATION FORM

(Deadline: September 13th)

Name:

Address:

Phone:

E-Mail:

Number of persons attending:

___ adults ___ youth (Jr High & up)
___ children (ages: _____)
___ Need a ride

Cost: \$30 per adult (children & youth are free, but must be accompanied by adult)

Paid by: ___Cheque ___Cash Amount: \$_____

*Make cheque payable to Camrose United Church
Please leave your registration form & payment at the
church office, or in Registration Box on Sundays
Financial assistance can be made available
Please list dietary concerns on back*

Four afternoon workshops are offered, each offered twice, giving you an opportunity to attend **two** (one at 1:15, & one at 3:00).

On the back of this sheet, Please indicate your preference (1-4, "1" being most preferred). We will do our best to accommodate your preference, depending on the number of people participating. The times and rooms of your afternoon sessions will be given at registration on Friday.

REGISTRATION

(Deadline: September 13th)

Please complete **both** sides of this form, and return it (with your payment) to the church office, or drop it into the Registration Box on Sundays! ~ *Thank you!*

Please list the names of each person attending. Beside each name, in the boxes under each Workshop, indicate by numbers 1-4, your preferences ("1" = 1st preference). *Please give a number to all 4 workshops, and use each number only once!* This will help us do our best, given space available, to register you for a workshop closest to your preferences!

WORKSHOPS

NAME	A	B	C	D
_____	—	—	—	—
_____	—	—	—	—
_____	—	—	—	—
_____	—	—	—	—
_____	—	—	—	—
_____	—	—	—	—

(August 10, 2010)